Call, drop by, write, or e-mail your local Extension office or visit us on the web. You'll find friendly people and:

+ educational programs, classes, and workshops.
+ information on events.
+ volunteer opportunities and training.
+ 4-H programs for kids and adults.
+ publications, videos, online courses, and other learning resources.
+ ways you can get involved in your community.

Contact us at:
University of Maryland, Your County Name Address

Phone: 000-000-0000 • Fax: 000-000-0000
extension.umd.edu/your county name-county

The University of Maryland Extension programs are open to any person and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, national origin, marital status, genetic information, political affiliation, and gender identity or expression.
WHAT DO YOU WANT TO DO?

GROW your agricultural business or grow tomatoes on your patio?

BECOME a better parent, a better cook, or a better gardener?

START a home-based business or get your kids off to a good start?

BUILD stronger relationships with your family or build up your savings account?

KEEP food safe to eat or save the environment?

CHANGE your eating habits, your exercise habits, or your spending habits?

ACHIEVE a goal or achieve the American dream?

MAKE your family stronger and your community a better place to live?

DO ALL OF THESE THINGS—AND MORE?

WHAT DO YOU WANT TO LEARN?

No matter how big or how small your goal, learning something new is the first step. And Extension can help.

Our experts are scientists and educators who take university research and turn it into practical education—education that can change your life.

You can find Extension right in your area, in your community, maybe even in your neighborhood. We live where you live—we know what life here is like, and we care about the community just as you do.

HOW DO YOU WANT TO LEARN?

With Extension, you can learn in many different ways. You choose what’s best for you. You may read a column in the newspaper, hear a show on the radio, attend a class or workshop, order a publication, take an online course, view a video on the web, or just call us!

BUT WILL EXTENSION REALLY CHANGE MY LIFE?

Every day, real people are achieving their goals through practical, community-based education. Extension offers learning opportunities based on community needs, what local people say they want to learn—about families, kids, agriculture, nutrition, business, gardening, community development, and more.